

Women Going For It!

Diana Coleman

Speaker. Author. Change Catalyst.

SPRING AND SUMMER 2021



Spring is here! Hope is in the air, though the Covid-19 virus still rages globally. My utmost sympathy to those who have lost loved ones to this virus, and those experiencing after-effects from being infected. May you find strength and support.

These times offer a chance to reflect. What's important for you to do next? Responsible risk-taking is rewarding. Create and follow a plan. Thrive!

5 STAR BOOK REVIEW

“Diana Coleman knows how to extract real stories from real people: the kind that give you inspiration and hope and point a way towards how to re-invent yourself even (or especially) later in life. A must read for women - and men - who are facing that big looming question of "How do I stay relevant?" Highly recommended!”

—*David Landis, CEO/President, Landis Communications, Inc and Food Writer, San Francisco Bay Times*

INSPIRING ANY DAY GIFT

Twenty-six entertaining risk-taking stories in *Women Going For It! Taking Risks After 50* are from women in Maine to California, Costa Rica to Kenya. Purchase via website WomenGoingForIt.com or order at your local bookstore via IngramSpark.

UPDATES FROM WOMEN IN MY BOOK



Betsy Cooley, and husband Bill Green, moved from Costa Rica. During the pandemic, while international travel isn't possible, they pet sit around the US—including Oregon, Washington, Texas, New Mexico, and Arizona. Betsy with their two "dog sits" in San Antonio, Texas. 2020-2021.

UPDATES FROM WOMEN IN MY BOOK



*Roller Derby skater, "Itsa Mazin" **Carol Larson**, age 74, got a new pair of snazzy roller skates, and looks forward to skating with her "Antique RollShow" teammates again.*



***Kim McFarlane** explores, with husband Blair, by kayak and on foot, areas around Sarasota, Florida where they live. 2020 and 2021.*



QUOTE

"Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the *present*."
—Bil Keane

ARTICLES AND BOOK TALKS

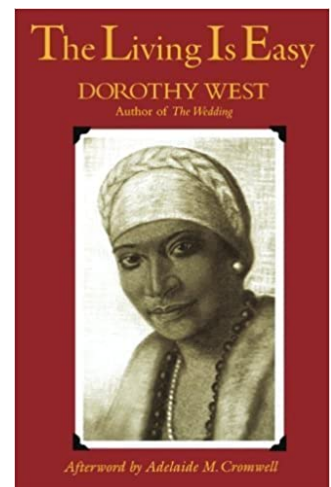
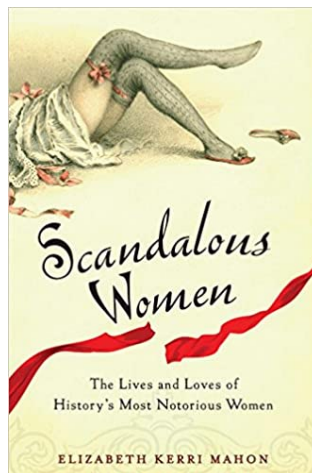
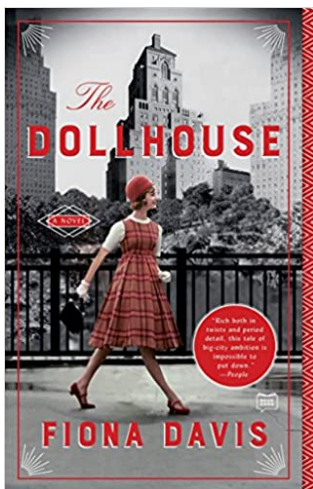
The College Club of Boston, January 2021 Newsletter
"Member Spotlight—Diana Coleman," page 4, by Robin Swett
[The College Club Newsletter January 2021](#)

WCTV, Wilmington, MA, December 2020
"Book Stew," Interview with Eileen MacDougall
[Video](#)
[Podcast](#)

"Untrained Wisdom" Podcast, November 17, 2020
Interview with Shuva Rahim
untrainedwisdom.com/episodes
Click on #22 "Women Going For It!"

Thrive Global, *Going For It! The Risks We Take*, April 13, 2020
<https://thriveglobal.com/stories/going-for-it/>

HAPPILY READING



I LOVE HEARING FROM YOU!

Though I miss my in-person book talks around the country during this pandemic, I've been on a writing streak (to be continued). Hope you're finding solace, creativity, and making new plans for the future. Please share your risk-taking stories, and thoughts with me on my website at WomenGoingForIt.com. **GO FOR IT!**

THANK YOU!
Diana Coleman